

2013 UW Men's Cross Country Individual Results

	Sundodger	Dellinger	Emerald City	Wisconsin	Pac-12s	Regionals	NCAAs	
UW Place (# of teams)	1st (5)	tie-3rd (11)	N/A	15th (35)	5th (9)	9 th (27)	N/A	
Aaron Beattie (overall finish) (place on team)	24:28 19 th 5 th	24:48 25 th 2 nd		24:28 121 st 4 th				
Angelo Comeaux	24:45 32 nd UNAT	25:43 57 th 11 th	26:10 11 th 2 nd					
Jamie Coughlin	25:00 35 th UNAT	26:12 74 th UNAT	26:45 23 rd UNAT					
Tim Cummings	24:55 33 rd 9 th	25:10 37 th 9 th	26:23 15 th 3 rd		27:12 62 nd 9 th			
Hap Emmons			26:00 8 th UNAT					
Andrew Gardner	24:18 14 th 4 th	24:57 29 th 5 th		24:32 136 th 5 th	26:20 43 rd 5 th	31:23 73 rd 5 th		
Colby Gilbert	24:25 17 th UNAT	24:43 20 th UNAT	25:20 1 st UNAT					
Sumner Goodwin	24:08 4 th UNAT	24:58 30 th 6 th		25:08 221 st 8 th	26:31 49 th 7 th	31:18 68 th 3 rd		
Nick Harris	24:43 30 th 8 th	25:21 44 th 10 th	25:37 3 rd 1 st		26:45 53 rd 8 th			
Tyler King	24:05 3 rd 2 nd	24:52 26 th 3 rd		24:51 187 th 7 th	26:02 31 st 3 rd	31:56 99 th 6 th		
Mitchell Montgomery	25:21 50 th 10 th	26:49 93 rd UNAT	33:25 75 th 4 th					
Aaron Nelson	23:50 1 st 1 st	23:55 1 st 1 st		23:26 4 th 1 st	25:01 8 th 1 st	29:54 8 th 1 st	30:27 20 th 1 st	
Blake Nelson	24:33 23 rd 7 th	25:01 33 rd 7 th		24:42 166 th 6 th	26:28 48 th 6 th			
Meron Simon	24:12 7 th 3 rd	24:56 28 th 4 th		24:15 84 th 2 nd	DNF -- --	31:14 62 nd 2 nd		
Jacob Smith	24:31 21 st 6 th	25:09 35 th 8 th		25:11 224 th 9 th	25:56 25 th 2 nd	DNF -- --		
Keith Williams	25:26 52 nd UNAT							
A.J. Yarnall	24:44 31 st UNAT	25:36 53 rd UNAT	25:39 4 th UNAT					
Izaic Yorks	24:26 18 th UNAT	24:36 15 th UNAT		24:18 91 st 3 rd	26:17 38 th 4 th	31:20 70 th 4 th		

Sept. 14 — Sundodger Invitational, Lincoln Park, Seattle, Wash. (8,000m); Oct. 5 — at Bill Dellinger Invitational, Springfield, Ore. (8,000m); Oct. 19 — at Adidas Wisconsin Invitational, Madison, Wisc. (8,000m); Oct. 19 — at Emerald City Open, Woodland Park, Seattle, Wash. (8,000m); Nov. 2 — at Pac-12 Championships, Louisville, Colo. (8,000m); Nov. 15 — NCAA West Regional, Sacramento, Calif. (10,000m); Nov. 23 — NCAA Championships, Terre Haute, Ind. (10,000m).